

BOYNE VALLEY FLAVOURS GUIDE



Fáilte Ireland
National Tourism Development Authority

IRELAND'S ANCIENT EAST

Visit BoyneValleyFlavours.ie

WELCOME TO THE BOYNE VALLEY FLAVOURS GUIDE

Boyne Valley Flavours is a network of local food and drink producers, food experiences and food service providers from across Louth and Meath who are passionate about telling our local Food Provenance story. This new brochure provides you with information to help you plan your Gastronomic Adventure in the Boyne Valley, including details on our Food Experiences and our Award-Winning Boyne Valley Food Series.

Join us, to discover and immerse yourself in the traditions of the ancient Boyne Valley, in the heart of Ireland's Ancient East. We are known around the world for being home to iconic sites such as Newgrange and The Hill of Tara; but what you might not know is that we are also home to many passionate farmers, food and drink producers, chefs, eateries and accommodation providers whose passion is to bring the unique flavours of our landscape to your table.

Visit a leading food tourism destination, where you will discover so many delicious adventures waiting to be explored. While in the Boyne Valley why not visit one of our many Food Experiences from Distillery Tours, Bee-Keeping Nature Trails, Local Markets, Cookery Schools and so much more, there is something for everyone to enjoy! When planning your visit to the Boyne Valley make sure to check out our website for information on the many wonderful Restaurants, Cafés and Accommodation Providers in our region who are passionate about supporting and promoting our local producers.

For more information visit www.boynevalleyflavours.ie



2022 FOOD SERIES



The commencement of the Boyne Valley Food Series in 2013 signalled a new milestone in the delivery of culinary food experiences to locals and visitors alike. Our Award-Winning Food Series is a collaboration of local chefs, artisan producers and food enthusiasts who work together to create a calendar of unique once off producer-led events which celebrates our land, our heritage, our people and of course our produce!

Each year the Boyne Food Series brings the most exceptional choice of foodie experiences that will immerse you in the food & drinks culture of the Boyne Valley from Farm Tours to Long Table Suppers, Culinary Cruises, Food Festivals, Distillery Tours, Farmer's Market and Apple Blossom Walks our Food Series has it all and there is something for all the family to enjoy! The Samhain Festival is one of the penultimate events in the BVFS Calendar which takes place in November and is a Celebration of Irish Food & Culture.

The Boyne Valley region continues to be recognised as one of Ireland's leading food tourism destinations and as the birthplace of Ireland's Ancient East, and once the seat of the High Kings of Ireland, the Boyne Valley still brings royal food and drinks experiences fit for any King or Queen.

Scan the QR code below or go to our website www.boynevalleyflavours.ie to find out the details of upcoming Boyne Valley Food Series events.

You can also follow us on social media:

[@boynevalleyflavours](https://www.instagram.com/boynevalleyflavours) [@boynevalleyflavours](https://www.facebook.com/boynevalleyflavours) [@boynevalleyflavours](https://www.tiktok.com/@boynevalleyflavours)



Our Boyne Valley Producers

- | | |
|---------------------------------|----------------------------------|
| 26 A Bit on the Side | 72 MacNamee's Tea |
| 27 Ariosa Coffee Roasters | 73 Maperath Farm |
| 28 Bakealicious | 74 Martry Mill |
| 29 Ballymakenny Farm | 75 McCormack Farm |
| 30 Baska Bakery | 76 McEntee's Irish Tea |
| 31 Bee Wise | 77 Meade Farm |
| 32 Bee Natural | 78 Merci Beaucoup Cakes Creation |
| 33 Beir Bua Bakes | 79 Newgrange Gold |
| 34 Boann Distillery | 80 Nick's Fish |
| 35 Bóinn Chocolate Ltd | 81 Oldcastle Honey |
| 36 Boyne Grove Fruit Farm | 82 Olive Pork/Perma Pigs |
| 37 Boyne Pastures | 83 Oriel Sea Salt |
| 38 Boyne Valley Cheese | 84 Phoenix Delight |
| 39 Brogan's Butchers | 85 Pigspit.ie |
| 40 Brubiotics Ltd. | 86 Rock Farm Slane |
| 41 BRÚ Brewery | 87 Root Up Microgreens |
| 42 Buddha Home Bakery | 88 Silly Sid's Ice Cream |
| 43 Carlingford Oyster Company | 89 Shalvanstown Organic Farm |
| 44 Clarke's Fresh Fruit | 90 Sheridan's Cheesemongers |
| 45 Coole Farm Salads | 91 Slane Distillery |
| 46 Coole Swan | 92 Swainstown Farm |
| 47 Cooney's Apple Orchard | 93 The Cider Mill |
| 48 Corderry Fruit Farm | 94 The Farmer's Daughter |
| 49 Dan Kelly's Cider | 95 The Pantryist |
| 50 Derrycamma Farm Rapeseed Oil | 96 The Studio Coffee Roasters |
| 51 Dowling Pork N' Bacon | 97 The Whole Hoggs |
| 52 Drogheda Honey | 98 The Wooded Pig |
| 53 Drummond House Garlic | 99 Urban Indian |
| 54 Dunany Organic Flour | 100 Unglu-d |
| 55 Durnin's Fruit & Veg | 101 What's for Pudding |

Historical Landmarks

- | |
|-----------------------|
| A Trim Castle |
| B Hill of Tara |
| C Loughcrew Cairns |
| D Kells High Crosses |
| E Mellifont Abbey |
| F Monasterboice |
| G Brú na Boinne |
| H Battle of the Boyne |
| I St. Laurence's Gate |
| J King John's Castle |
| K Cúchulainn's Castle |
| L Roche Castle |
| M Slane Castle |

PLAN YOUR GASTRONOMIC ADVENTURE

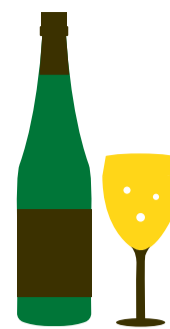
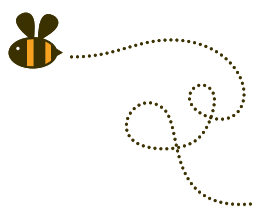
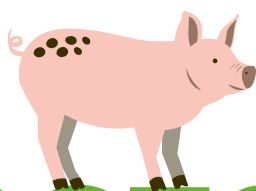
Discover all the wonderful Flavours of the Boyne Valley by using our beautiful map as a guide to help plan your visit.



Find itineraries, along with great places to eat and stay on our website www.boynevalleyflavours.ie

DUBLIN

FOOD EXPERIENCES



Discover the Flavours of the Boyne Valley through the many Food Experiences

An Grianán Cookery School 1

An Grianán, 'the sunny place', is a unique experience in Co. Louth. We host regular events in our Cookery School, including fish course, vegan, gluten free, family suppers, children's baking, bread making and more with special events in December for Christmas.

€ Vary per course ⌚ Varies, check website for details

✉ admin@an-grianan.ie 🌐 an-grianan.ie

Bee Wise Nature Trail 2

A family fun day around our five acre woodland nature trail. Learn about the flowers & plants that the bees work to produce our honey. See and learn the process of making the honey and taste the different types of honey we produce here at Bee Wise.

€ €8pp (under 3 free) / €30 family ⌚ Check website for details

✉ paddy@beewise.ie 🌐 beewise.ie

Causey Farm Ice-cream Adventure 3

Imagination, creativity, wide open spaces, a host of woolly, hairy and silky-eared animals, friendly characters, challenges, games and of course a scoop of the finest creamy deliciousness for every single visitor! A fantastic, outdoor fun day out for all the family.

€ €14 pp (under 2 free) ⌚ Check website for available dates

✉ info@causey.ie 🌐 causey.ie/causey-ice-cream-adventure

Carlingford Oyster Experience *Coming Soon* 4

The unique sweet taste and high meat content of the Carlingford Oyster is one of nature's real treasures and we want to give you the opportunity to experience them. Keep an eye on our website & social media accounts for the announcement of our opening!

€ TBC ⌚ Check website for details

✉ info@carlingfordoystercompany.ie

🌐 carlingfordoystercompany.ie

Carlingford Lough Cruises 5

We offer a range of specialist cruises that take place throughout the summer, including Gin & Whiskey and Oyster Tasting. Each of these passenger cruises allow visitors the opportunity to enjoy the beauty of Carlingford Lough during a 2-hour cruise.

€ Starting from €45 per person ⌚ Check website for details

✉ info@carlingfordferry.com 🌐 carlingfordferry.com/cruises/

East Coast Cookery School 6

Run by Cordon Blue-trained chef, Tara Walker, join our online cookery classes for children and adults with a fun atmosphere or book as a private group we do corporate events, hen parties, kids parties and more. We also run regular Kids Cookery Camps!

€ Starting from €15 ⌚ Check website for details

✉ tara@eastcoastcookeryschool.ie 🌐 eastcoastcookeryschool.ie

Farm Tours Ireland 7

Join Farm Tours Ireland and discover the best of farming and food production in the Boyne Valley. The region was home to Ireland's first farmers over 5000 years ago and continues to boast an abundance of farming excellence.

⌚ Group tours & private tours / One day or multi day tours

✉ hello@farmtoursireland.com 🌐 farmtoursireland.com

Farmer's Market at Rock Farm Slane 8

Weekly Farmer's Market every Thursday at Rock Farm Slane. Boyne Valley producers, creators and business owners are there with an array of products. Enjoy lunch from one of the food stalls before taking a walk on our working eco-farm.

€ Free Entry ⌚ 11am - 4pm

✉ info@rockfarmslane.ie 🌐 rockfarmslane.ie

Food, Folk & Farming Tour at The Cider Mill 9

A unique backstage pass into the world of traditional farmhouse cider-making. Experience a live demo at the home of the multi-award-winning Cockagee Irish Keeved Cider. End the tour with a tutored cider tasting of 5 ciders in the museum tasting room.

€ €25 pp (6 people min or €150 if fewer people) ⌚ 1.5 hours

☎ 086 4493354 🌐 slanefoodcircle.ie

Killua Castle Ground & Deer Park 10

A historic castle in the most romantic demesne in Ireland, with links to Sir Walter Raleigh and Lawrence of Arabia. Walk the grounds, which are home to the Killua Castle Venison and other rare breed animals. Guided tours also available see website.

€ Free (guided tours excluded) ⌚ 10am - 4pm Saturdays only

☎ 087 9436727 🌐 killuacastle.com

Listoke Distillery & Gin School 11

The first Gin School in Ireland, and a unique experience, where we both distil and teach how to make gin. Take a tour of our distillery, see the botanicals used in production, learn how to distil. Enjoy some local produce and take your own blend of Gin home.

€ €95 pp ⌚ 3 hours

✉ hello@listokedistillery.ie 🌐 listokedistillery.ie

Martyr Mill - Working Water Mill Tour 12

Martyr Mill is one of the few working watermills in Ireland, with the earliest records dating back to 1641. Meet the maker James who will guide you through; the milling process to make their stoneground wholemeal flour, the mill buildings and its history.

€ Varies ⌚ Group tours (min 6 people) & open days: 1 - 2 hours

☎ 087 9436727 🌐 martyrmill.ie

Newbarn Farm & The Donkey Shed Restaurant 13

Farm Shop selling homegrown and locally sourced fruit and veg alongside a selection of artisan farm produce. Our restaurant serves delicious meals showcasing the best of our local fare. We also have an open farm where our visitors can meet our farm animals.

€ No entry charge ⌚ 1 - 2 hours

☎ (01) 849 9337 🌐 newbarnfarm.ie

Organic Farm Tour at Rock Farm Slane 14

Rock Farm Slane is a glamping, ecotourism and activity centre and organic farm on the Slane Castle estate stretching for 1.5km along the banks of the River Boyne. Their guided tour (which includes tastings) offer a fascinating insight into their 90-acre organic farm.

€ Booking is essential ⌚ 11am & 2pm every Thursday

☎ (041) 9884861 🌐 rockfarmslane.ie

Rachel Graham Nutrition 15

Women's Health with an emphasis on Menopause is Rachel's focus in her clinical work - both 1:1 & group coaching. She also offers several medicinal cooking workshops from Meal Prep to Fermentation & Sourdough making.

€ From €65 (depending on class) ⌚ 2 hours

☎ 087 2197968 🌐 rachelgraham.ie / menopausenutritionist.ie

Sea Louth - Scenic Seafood Trail 16

Scenic seafood trail along Co Louth's 70km+ picturesque coastline. Your Sea Louth passport (download from our website or pick up at a local tourist office) will guide you to 14 scenic viewpoints along the trail and lists over 40 restaurants where you can enjoy the fresh local seafood along with information on the local seafood producers.

€ Free scenic drive (cost for food) ⌚ At your own leisure

✉ sealouth@louthcoco.ie 🌐 sealouth.ie

Shalvanstown Organic Farm 17

A traditional mixed farming operation with Beef Sheep and cereals. The farm is Biodynamic and using regenerative methods also. Guests visiting are given a tour of the farmland and learn about farming practices cropping and composting as well as Biodynamic methods and the special relationship with Waterford Distillery.

€ €25 pp (6 people min or €150 if fewer people) ⌚ 1-2 hours

✉ shalvanstown@gmail.com 🌐 beefbox.ie

Sheridan's Cheesemongers Market & Coffee Shop 18

Open 7 days a week, with Famer's Market every Sat. Our shop carries the very best Irish farmhouse cheeses and artisan foods. Our Sheridan's Café serves teas, coffees, light lunches and cakes, all made with the best ingredients in our kitchen.

⌚ Shop 10am - 6pm (11am - 5pm on Sun) Market 10am - 2pm

✉ meathshop@sheridanscheesemongers.com

🌐 sheridanscheesemongers.com

Sage & Stone 19

Sage & Stone is an award-winning family owned restaurant & take away serving great tasting hearty food using the best of local ingredients. We also run a gallery and gift shop on the site of our own family farm in Duleek.

€ Open to the public ⌚ 9am - 5pm / Tuesday - Sunday

☎ 041 9814362 🌐 sageandstone.com

Slane Castle 20

A 1,500 acre estate in the heart of the Boyne Valley, our grounds include castle tours, courtyard seating, Silver Fox food truck (until 5pm). Try a hot whiskey from our Hatch Bar & walk in the footsteps of a King, Queen, or Superstar on our walking trail.

€ Open to the public ⌚ 10 - 6pm / Fri - Sun & Bank Holidays

✉ tours@slanecastle.ie 🌐 slanecastle.ie

Slane Whiskey Distillery 21

A guided tour through our authentic working distillery. Visitors are taken through our authentic working distillery to see the entire whiskey making process, learning about the incredible heritage of our buildings and our expertise in raising barrels and coopering along the way. Includes tastings.

€ Vary depending on tour ⌚ See website for details

✉ info@slaneirishwhiskey.com 🌐 slaneirishwhiskey.com

Sonairte Visitor Eco Centre & Gardens 22

An interactive visitor centre which promotes a love of the outdoors, organic produce, eco-awareness and sustainable living. Situated on a farm of noteworthy historical interest, they host regular events including foraging and garden workshops.

€ Open to the public ⌚ 10am - 5pm / Friday - Sunday

✉ hello@sonairte.ie 🌐 sonairte.ie

The Cottage Market, Drogheda 23

Join us on the first Saturday of every month in the beautiful setting of St Peters Church of Ireland. There is something for all the family with an eclectic mix of stalls that showcase local produce and products from the Boyne Valley.

€ Free ⌚ 11am - 4pm (first Saturday of the month)

🌐 facebook.com/thecottagemarketdrogheda.ie

The Bunnery Cookery School 24

We provide cooking and baking classes for all ages in our kitchen in Kells, Co Meath. We also have lots of online class options available. Now taking bookings for Summer Camps, adult, private, corporate and group classes.

€ From €25 ⌚ Check website for details

✉ thebunnery@hotmail.com 🌐 thebunneryonline.com

Tailtiu Café & Gardens at Teltown House 25

Enjoy some homemade treats, tasty teas, coffees, and hot chocolate, while walking around the pleasant surroundings of the old gardens, Fairy Trail, Queen Maeve's Road, and the medieval ruined church and burial ground.

€ Free entry ⌚ 11am - 5pm / Sundays & Bank Holidays

✉ teltownhouse1@gmail.com 🌐 @teltownhouse (instagram)

For more information visit www.boynevalleyflavours.ie or visit the individual websites



An Roinn Talmhaíochta,
Bia agus Mara
Department of Agriculture,
Food and the Marine

